

WAIVER AND RELEASE

For good and valuable consideration, the receipt and sufficiency of which are hereby acknowledged, I hereby **RELEASE AND HOLD HARMLESS** Food Lion, LLC (hereinafter referred to as "Food Lion"), its employees, officers, directors, subsidiaries, affiliates, parents and agents from and against any and all responsibility and/or liability for any damages, injuries, causes of action, harms or losses of any kind resulting in any manner whatsoever from or in any manner connected with my participation in or association with the Tour De Lions, scheduled for May 17, at _Food Lions , 3327 Kings Charter Dr. Ashland Va. 23005, (or such other time or location as may be designated), and/or any other events associated with the Children's Miracle Network campaign and/or Food Lion's involvement therein; and I hereby waive my rights, if any, in and to any claims, damages, causes of actions or other actions of any kind relating to participation in such game(s) and/or other events.

I hereby consent to the use by Food Lion, its subsidiaries, affiliates, parents, agents, successors and assigns of my name, photograph, voice, biographical information, prize information and likeness for promotional purposes in television, radio, Internet, print advertisement and other advertising media without further compensation or notice.

This Waiver and Release shall be binding upon the heirs, executors, personal representatives and administrators of the undersigned and shall inure to the benefit of Food Lion, its subsidiaries, affiliates, parents, agents, successors and assigns.

By signing below, I signify that I have read and fully understand this Waiver and Release.

Signature

Date

Print Name